

STCW 95 Basic safety training (6 day course)

An introduction to the course

The International Maritime organisation (IMO) introduced a statutory set of courses as Standards of Training, Certification and Watchkeeping for Seafarers or STCW 95 for short. This has been set as the mandatory set of courses required for any seafarer to complete before working on any commercial vessel or Superyacht.

Once you have successfully completed these four courses you will be issued with the Internationally recognised certificates to allow you to work aboard commercial vessels and superyachts. You will have gained an understanding in firefighting skills and recognition and use of firefighting equipment, you will be able to react to an emergency situation and understand evacuation procedures, you will have the skills to be able to help you survive at sea and to be able to assist a casualty on board. These courses are the first step on the ladder to making you become a professional mariner.

Superyachts or large yachts over 24m have also been included in the STCW 95 scheme.



Qualifications gained

STCW 95 Reg VI/1 Section A-VI/1 Para 2.1.1 – Personal survival techniques

STCW 95 Reg VI/1 Section A-VI/1 Para 2.1.2 – Fire prevention and fire fighting

STCW 95 Reg VI/1 Section A-VI/1 Para 2.1.3 – Elementary first aid

STCW 95 Reg VI/1 Section A-VI/1 Para 2.1.4 – Personal safety & social responsibilities

Pre course knowledge

There is no previous knowledge required to attend these courses

Items to bring with you

- Your national insurance number or social security number if non UK resident. These are required for your STCW certification
- Paper and pens for note taking
- A packed lunch
- Swimwear and towel for the sea survival course



STCW 95 Basic safety training

STCW95 Personal survival techniques A-VI/1 Para 2.1.1 (1 day)

Course introduction.

This training course involves practical demonstration and involvement. Participants are required to take an active part during exercises to demonstrate their understanding of survival procedures and techniques in both the classroom and swimming pool.

Course objective.

The objective of the training is to give all persons intending to go to sea the essential basic knowledge and experience of personal survival principles and techniques that can be applied to maximise their chances of survival in the event of a marine casualty.

Course Outline.

The course consists of three elements:-

1. Principles and procedures.
2. Demonstration session.
3. Wet drill.

Course Outcome.

Award of certification is by Assessment of the candidate's ability to prove understanding and knowledge of the principles and techniques of sea survival through practical demonstration



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Course syllabus.

09.00 – 11.00 (Classroom Based)

- Course introduction and objectives
 - What is survival?
 - Types of emergencies / Survival difficulties / Survival requirements.
 - Life saving equipment
 - Life rafts / types / stowage / launch / evacuation procedures, hydrostatic release
 - Immersion suits and TPA's
- Training and drills
- Muster stations and duties
- Actions to be taken prior to abandonment
- Grab bags / life raft contents / other equipment

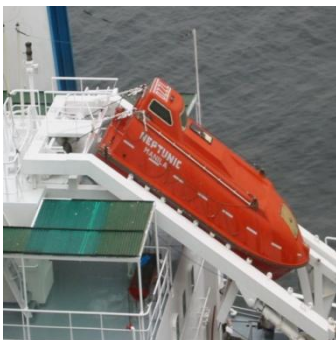
11.00 – 11.15 Break

11-15 – 13.30

- Actions to be taken during abandonment
- Actions in water
- Actions in survival craft
- Principles of survival
- Distress Signals & helicopter rescue

13.30 – 14-30

Lunch break and travel



14.30 – 16.30 (Pool Based)

- Wet Drills
 - Entering water from height with life jacket
 - Inflation and launch of life raft / Dry boarding & Actions to be taken
 - Boarding raft from water & Actions to be taken / Righting capsized raft
 - Demonstrate self righting of life jacket / Group huddle & Crocodile swim
 - Use of spray hood / rough water techniques
 - Dealing with unconscious casualty
- Class exercise

16.30 – 17.00 Travel

17.00 – 18.00 (Classroom based)

- Summary
 - Recap of main points
 - Question & Answer session
 - Debriefing



STCW 95 Basic safety training

STCW 95 Fire prevention and fire fighting Section A-VI/1 Para 2.1.2 (currently 3 days)

The student will be given tutorial followed by guided and supervised practical exercises where they will experience 'hot fire' conditions in the steel ship structure, that is one of only a few in the UK recognised by the Maritime and Coastguard Agency as suitable for STCW95 training.

Who is this course for?

Those who are training to become seamen in the Merchant Navy or seeking employment or work engaged in any capacity on board a sea going vessel.

Course requirements

- medically fit and healthy
- minimum age of 18

Course content

- the triangle of fire
- fire protection
- fire extinguishing principles
- classification of fire
- basic firefighting techniques
- engine room fires
- types of extinguisher
- flashover and backdraft
- hose running
- physiology of respiration
- breathing apparatus
- casualty handling
- search and rescue.



Assessment

Continuous practical assessment with full and active de-brief of exercise.

Duration

3 Days

Venue

DSFRS Maritime & Commercial Training Centre, Camels Head Fire Station, Plymouth PL2 2EL

Tel – 01803 882644

Fax – 01803 883740

Email – info@brixhamseaschool.com

brixhamseaschool.com

STCW 95 Basic safety training

STCW 95 Elementary first aid Section A-VI/1 Para 2.1.3 9 (1 day)

Course introduction

This training course involves practical demonstration and involvement. Participants are required to take an active part during exercises to demonstrate their understanding of first aid procedures and techniques in the classroom.

Course objective

The objective of the training is to give all persons intending to go to sea the essential basic knowledge and experience of first aid principles and techniques that can be applied to a casualty to maximise their chances of survival in a marine environment.

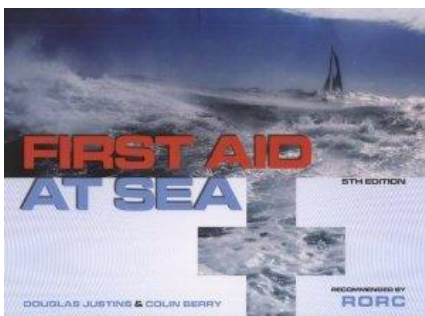
Course Outline

The course consists of three elements:-

- Principles and procedures.
- Demonstration sessions.
- Practical assessment.

Course Outcome

Award of certification is by Assessment of the candidate's ability to prove understanding and knowledge of the principles and techniques of first aid through practical demonstration



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Course syllabus

09.00 – 10.30

- Course introduction and objectives
- First principals of first aid
- Safety assessment
- Calling for help
- Priorities
- Primary survey
- CPR
- Recovery position

1030 – 1100

Break

1100 – 1230

- Secondary survey
- Helicopter rescue (handling casualty)
- Controlling bleeding
- Bone, Joint & muscle injuries



1230 – 1330

Lunch

1330 – 1500

- Nervous system problems
- Effects of heat and cold
- Foreign objects, poisoning, bites and stings



1500 - 1530

Break

1530 - 1700

- Medical conditions
- First aid kits

Assessment and debrief

Tel – 01803 882644

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STCW 95 Basic safety training

STCW 95 Personal safety & social responsibility A-VI/1 Para 2.1.4 (1 day)

Course introduction

This course is one of the four courses required to fulfil the requirements of STCW 95 certifications needed to work aboard ship. The course covers safety procedures and accident prevention and to familiarise participants with employment conditions and working practices.

Course objectives

The objective of the training is to give all persons intending to go to sea, the essential basic knowledge required regarding regulations and procedures aboard a ship.

Course Outline

- Principals & procedures
- Group discussion & exercises

Course syllabus

0900 – 1030

- Introduction
- Ship familiarisation
- Shipboard hazards
- Equipment groups
- PPE – personal protective equipment
- Hazardous operations
- Building relationships & communication
- Team building and teamwork

1030 – 1100 Break

1100-1230

- Emergency procedures
- Evacuation procedures
- Emergency signals
- Emergency drills & training
- Pollution

1230—1330 Lunch

1330 - 1500

- Social responsibility
- Employment conditions
- Alcohol and drug abuse
- Health and hygiene

Review of knowledge and debrief

